



Dear parent/guardian,

DUNDEE ELITE KICKBOXING STUDENT/PARENT PRE CLASS INFORMATION.

Due to limited numbers all classes must be booked in advance on a first come basis.

If you cannot attend a booked class 24 hours notice must be given. This will allow another member to book this session. If notice is not given you will be required to pay for this session.

All contact details must be attained prior to classes for GOV.SCOT Track and Trace purposes and your details will be passed on if necessary.

Due to number restrictions and social distancing rules we will be operating a DROP and GO system, NO spectators will be allowed.

All students must go to the toilet prior to attending classes, this will reduce the risk of contamination and unnecessary movement during class times.

Students should thoroughly wash their hands with warm water and soap before leaving home. There will be hand sanitizer available at the club. Children must use this before entering and upon leaving.

All students must arrive on time, in training clothes and ready to start the class

On arriving and entering class we will now adopt a silent bowing etiquette procedure as shouting can create expulsion of droplets and therefore must be kept to a minimum.

All students must have their own clothing, equipment and drinks/towels. These should be placed within the marked area.

All students will be equally spaced according to GOV.SCOT Guidelines using visual markers to show them where to stand and keep to social distancing rules.

Any student, parent or chaperone feeling unwell prior to class must not attend! Please ensure you contact your instructor to cancel your place.

You must notify the club immediately if anyone in your household starts to show symptoms of covid-19 after attending any of the classes.

Failure to comply with any of the above guidance may result in you being asked to leave and also the possibility of losing your place in future classes.

We remind everyone that it is also your responsibility to adhere to GOV.SCOT Guidelines and social distancing rules.

Thanks

Sean Wanless
Owner & Chief Instructor
Elite Kickboxing

Parent Signature.....